

## **FBISD Wellness Handbook**

### **Foods Provided, Not Sold Guidelines**

#### **Foods Provided, Not Sold:**

There are currently no federal or state restrictions for foods or beverages provided, but not sold, to students during the school day. The District will comply with state law, which allows a parent or guardian to provide a food product of his or her choice to classmates of the person's child on the student's birthday or to children at a school-designated function. [See CO(LEGAL)]

In addition, the District has established the following local standards for foods and beverages made available to students during the school day:

Birthday and/or school celebrations will not occur in the cafeteria during meal serving time. Such events may only take place one hour before the start of lunch or one hour after the end of lunch.

A campus may develop additional guidelines concerning birthday celebrations, such as number of celebrations per month and certain times to celebrate so it does not interfere with daily instructional time.

All food and beverages provided to students are encouraged to meet Smart Snack standards. Healthy options such as fruits, vegetables, and water are preferred and should be encouraged.

[FBISD Child Nutrition Website](#)